

**Who are the physicians?**

Dr. Manoj Garg started Spectrum Family Health in 2002. Dr. Linda Berman joined the practice in January 2006. Dr. Tim Cavanaugh joined the practice in October 2010. We both provide full spectrum family care excluding obstetrics. We see newborns, children, adolescents, adults, and elderly patients. We provide preventive medicine and health screens such as well-child checks, complete physical exams, blood pressure checks, and Pap smears. We offer family planning counseling and contraception including IUD insertion. We also care for chronic medical illnesses such as diabetes, high blood pressure, high cholesterol, and asthma.

**What are the office hours?**

Monday through Friday 8-5

We are closed for lunch daily from 12-1.

**Are you available to see us for sick visits?**

We have same day visits for urgent medical issues including coughs, colds, ear infections, stitches, treatment of abscesses, and many other needs. Please call in the morning for same day appointments.

**What if I need to be admitted to the hospital?**

Our doctors admit patients to Memorial Hospital of Rhode Island in Pawtucket. If you are admitted to Memorial, the doctors will attend to you there on a daily basis. If you are admitted to another hospital, the doctors will discuss your case with the physician caring for you.

**What do I do if I need to talk to the doctor during regular office hours?**

Please call the office. During regular office hours, the doctor will most likely be seeing other patients either in the office or in the hospital. In case of emergency, the doctor can be interrupted and will be available. For non-emergent issues, every attempt will be made by the doctor to return your call the same day. The doctors often return phone calls during the lunch hour or at the end of the day.

**How do I contact the doctor outside of regular office hours?**

If you get sick after hours during the week and need to get a hold of the doctor for urgent medical needs, call the office phone number. The answering machine will tell you how to contact the doctor on call. Our doctors share call with two other groups of physicians for weekends and holidays. The office answering machine will tell you how to contact the doctor on call for the weekend.

**Do you have an electronic medical record?**

Yes. Our records are 100% computerized. This allows us to access your records instantaneously when you call the office instead of having to search for a paper chart. We back our records up daily in case of computer failure so your records will not be lost. Also, our records are not accessible on the internet so your confidentiality is maintained.

**What if I need to get my blood drawn?**

We have a Memorial Hospital of Rhode Island laboratory in our office. They are open Monday-Friday and have the same hours as the office and are closed for lunch from 12-1. No appointment is needed. Some insurance companies require their patients to use other laboratories. If you use another facility, the test results will still be sent to our office for our review.

**What do I do if I need my prescription refilled?**

We ask for a phone call 24 hours before you will need your prescriptions refilled. We will write the prescription and mail it to you, call it in to your pharmacy, or call/fax to mail-order pharmacies.

If you have any additional questions or concerns, please do not hesitate to call our office at (401)-475-4588.